

Central Lakes College

Biennial Review

**For compliance with the Safe and Drug Free Schools and
Communities Act**

July 2017


Certification of the Biennial Review:

As the President of Central Lakes College, I have read this report and support the Alcohol and Drug Policy and Work Plan.

Presidents Signature:

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Date:

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Introduction:

The Alcohol and Drug Committee at Central Lakes College has, over the past several years strived to promote a safe and drug free environment for the college community. Although there have been a limited number of policy violations, the committee recommends providing additional resources to address alcohol and drug use and abuse. Stronger and more consistent leadership will support these efforts. The Committee reconvened in the spring of 2017, has established a work plan provided below, to ensure students and employees are receiving appropriate resources and education. This review will report on prevention activities from the 2015/2016 and 2016/2017 academic years and provide a work plan for the 2017/2018 academic school year.

Notice of Safe and Drug Free Schools Information:

As required by Federal law, information about alcohol and other drugs shall be distributed annually to all students, faculty and staff at Central Lakes College annually. This information includes:

- Central Lakes College Drug and Alcohol Policy
 - Staff development day training
 - Faculty development day training
- Health risks of alcohol and drug use
- Campus and community resources for help with alcohol and other drug issues

The information above was distributed during the 2015-2017 academic years to:

- Newly Enrolled Students
- New Employees

This plan will address the gaps in educating current students and employees on an annual basis.

All of the information required under federal law is available to employees and students throughout the year in printed form, handbooks, and the online college website at www.clcmn.edu.

College policies are located on our website: <http://www.clcmn.edu/college-policies/>

We no longer have health services at Central Lakes College. Programs that require alcohol and drug testing include Heavy Equipment and Diesel Mechanics.

Lakewood Health System, out of Staples, Minnesota provides alcohol and drug testing for the Heavy Equipment and Diesel Mechanic students. Students are required to view a video with information about drug/alcohol awareness prior to registering for the courses in the program.

In addition, students are given a copy of the drug/alcohol policy when they are accepted into the program.

Incident Report:

The following table outlines student and employee violations of the Central Lakes College Alcohol and Drug Policy from academic years 2012/2013 through 2015/2016.

**Central Lakes College Alcohol and Drug Report for Students
2012-2015**

Crime Category	2012	2013	2014	2015
Liquor Law Violations/arrests	0	0	0	0
Drug-related Violations/arrests	0	0	0	0
Liquor Referrals	0	0	0	1 student
Drug- related Referrals	0	0	0	0
Referrals to Student Conduct	0	0	0	3 students
Sexual Assault	0	0	1	0
Assault	0	0	0	0

In 2015 and 2016, there were no alcohol or drug violations with employees.

Central Lakes College, as seen by the security report above, has had three-(3) student alcohol or drug related incidents between 2012 and 2015, with one (1) student referral to an outside agency. The data reflect both on-campus and college sponsored off-campus activities. In addition to these data, a review was conducted as it related to the random testing policy for students in the Heavy Equipment and Diesel Career & Technical Programs. The data indicated that one student was dismissed from the Heavy Equipment Program in the 2016/2017 academic year.

Policy Interventions:

The data suggest that the interventions and educational resources used at Central Lakes College are working, yet the Committee is concerned about marijuana and prescription pill use. Central Lakes College has a large population of students that are in 'recovery' from addiction who often share their concerns about their peer's use of chemicals.

Some recent campus and community prevention efforts include:

- 'Methamphetamine: Not on My Block' workshop at the Staples Campus- 2016
- 'Sex and Drugs Show' led by High Impact Training Company and the GTC Dramatic Dialogues- 3/1/2016 (collaboration with American Association of University Women)
- Check & Connect Orientation Camp for students with intellectual disabilities, chemical health and safety session. Annually 2012-2016
- Annual presentation to the Occupational Skills Program students (safety, chemical use, sexual violence prevention).
- Campus 'Welcome Day' for incoming freshman and their families. Parent session speaks to signs of chemical abuse and how parents can support their students, annually from 2014-2016. Students are given a copy of the Student Handbook, which lists college policies and resources.
- Campus 'Welcome Day' for incoming freshman. Students were given a 6 X 6 card, with sexual violence reporting links and a Circle of 6-prevention app for cellphones. 2016/2017.
- Student Success Day sessions: in 2014 and 2015 Staples Highway Patrolman talked about driving while under the influence, dangers and consequences
- Performing Arts production of 'Bill W. and Dr. Bob', October 2016. Students who could not afford tickets were given tickets.
- Welding program instituted a contract which students sign off on, alerting them to the CLC student conduct policy, chemical use policy, and sexual violence policy. 2016/2017
- Disability Coordinator and Director of Student Life both just completed 'Peer Educator Training and are now 'NASPA Certified Peer Educators', 2017
- Fetal Alcohol Syndrome Workshop and Student Impairment Activity at Staples and Brainerd Campuses – April, 2017
- Mental first aid chemical health prevention course, for firefighters, via our Customized Training classes. 2016/2017
- CLC Criminal Justice Program objectives call for providing education on drug use and abuse, taught in multiple settings within the program. 2016/2017
- Student Life activities on both campuses provide a safe and drug free environment.
- Student Conduct Policy, resources for students emailed to students, July 2017.

Work Plan Recommendations:

As we look to the next biennium, the following recommendations have been identified as priority action steps:

1. Strengthen and expand the Alcohol and Drug Committee to include employees and students from both Staples and Brainerd Campuses, explore community organization representation. Committee representation shall include:
 - Human Resources
 - Dean of Staples Campus/Director of Nursing
 - Director of Security
 - Counselor
 - Director of Student Life
 - Student housing manager, resident advisors
 - Athletic Director/Coach
 - Disabilities Services Coordinator
 - TRIO Advisor
 - Meta 5 Program Director
 - Faculty representing Law Enforcement, Diesel and Heavy Equipment and one Liberal Arts faculty
 - MAPE representation
 - AFSME representation
 - Two (2) students. We hope to invite students who are in recovery from addiction and/or have a passion for addressing use and abuse concerns
2. Review and develop additional educational sanctions for offenders which would include an Alcohol 101 session (a self-study program that identified issues related to misuse of alcohol and helps students learn to make responsible decisions)
3. Update the Central Lakes College website to navigate to alcohol and drug education and community resources page. This may include an online community referral process
4. Annually, email students the alcohol and drug policies, student code of conduct and links to campus and community resources.
5. Annually, email employees reminders about alcohol and drug policies and resources for support.
6. Send a post card to each incoming freshman's home address in hopes that the information would alert parents and significant others to the potential issues related to alcohol and drug use among college freshman. The Committee feels that many parents (and others) are not aware of the potential issues and want to ensure they feel comfortable in connecting with their children/significant others about the potential risks and resources available.
7. Gather data that is more precise from CLC Counselor around referrals to chemical health services, students in crisis, etc.
8. Posters on campus to encourage safe and healthy behavior among the college community
9. Provide additional information to students on 'Welcome Day'

10. Host a session on chemical use and abuse on 'Student Success Day'
11. Provide a 'safe-space' for student in recovery to hold a weekly gathering/meeting
12. Meet with student housing manager and local landlords to discuss how we can better support students to make healthy choices
13. Train student housing Resident Advisors on chemical use and abuse concerns and provide a list of local support resources
14. Via Student Life, increase evening and weekend programming to support chemical free activities.
15. Train Security Staff on signs and symptoms of chemical use and strategies to intervene. Led by the Director of Security.
16. Train student volunteers in Chemical Health Education, Peer Health Mentors, Sexual Violence Prevention, Inclusion
17. Explore options to address medical marijuana, synthetic drugs across the campus and impact in CTE programs and those that have current drug testing policies
18. Increase drug and alcohol awareness training opportunities in career and technical programs.
19. Work with the campus Behavior Intervention Team and the Alcohol and Drug Committee to explore strategies to curb chemical use and train the committee as appropriate.