

What to Bring.....



To this year's Summer Program

Students need to bring the following items for this year's Summer Program:

1. Enough Clean Clothes for 5 days
2. Tennis Shoes
3. Clean Socks for 7 days
4. Beach Towel
5. Wash Cloths
6. Flip Flops (For the Showers)
7. Back pack to carry books/ school supplies
8. Toiletry items: personal care products, deodorant, tooth brush, tooth paste (additional items will be available in the event a student forgot to bring the products)
9. Swim Suit
10. A light jacket
11. Sunscreen
12. School Supplies-pencils, notebooks, pens, et..
13. A Good attitude

Optional Items that are allowed to be brought:

1. Stereos/Radios
2. Computers
3. Magazines/Books – Note- inappropriate magazines/ books will be confiscated
4. Cell Phones *may* be brought this year **However-** if the phone becomes a problem or a distraction for students, they will be confiscated and the student will need to take the phone home and not bring it back.
5. If Questions on items to bring, contact Nick Heisserer at 218-894-5101

Items that are not allowed:

1. Televisions
2. Poor Attitudes

Upward Bound Zero Tolerance Policy

The following are rules in which every Upward Bound student must comply. These rules exist to uphold the integrity of the program itself. All staff of the Upward Bound Program will enforce these rules. Of special concern are the first ten, which fall under our **Zero Tolerance Policy**. *Zero Tolerance means that a violation will result in immediate dismissal from the program.* These rules are set up to protect the Upward Bound Program from major problems and to ensure the safety of all the participants.

Zero Tolerance Policies

1. Students are not allowed to smoke, chew or possess any tobacco products while attending the Summer Program.
2. Students are not allowed to use or possess alcohol or any other drug while attending the summer program.
3. Students are not allowed to engage in sexual activity for the duration of the summer program.
4. Students cannot be on the opposite sex floor at any time.
5. Students are not allowed to possess weapons of any kind while attending the summer program.
6. Students may not possess explosive devices while attending the summer program. Yes, that means no fireworks.
7. Students may not physically assault and threaten other members of the Upward Bound Program or the College of Saint Benedict community (which is the location of our summer program).
8. Students may not tamper with any safety equipment, including, but not limited to, fire alarms and smoke detectors.
9. Students must not damage or destroy Upward Bound or college property. Respect for property is emphasized as well as respect for people. Theft will not be tolerated
10. No alcohol, illegal drugs, or controlled substances will be consumed unless prescribed by a doctor.