



Associate in Arts Degree – Liberal Arts & Sciences 2011-12 Program Planner

Revised 7/19/11

Name _____ Student ID or SSN _____

These requirements apply to new students, and students who have been absent from this college one academic year or longer.

- At least one semester before you plan to graduate, you must officially “Apply to Graduate.”
- 20 credits must be earned at Central Lakes College to be eligible for an Associate in Arts Degree.
- A total of 60 college level credits are required for an Associate in Arts Degree.
- Classes may meet requirements for more than one goal area, but credit will not be awarded for any course twice.

MINNESOTA TRANSFER CURRICULUM GOALS

A 2.0 MnTC GPA is required for recognition of a student’s completion of the entire Minnesota Transfer curriculum

Goal 1 – Communications (9-11 credits min)

	CR	C-L	
ENGL 1410	(4)	[]	
ENGL 1411	(4)	[]	

And one additional course in section B:

	()	[]	
--	-----	-----	--

Goal 2 – Critical Thinking (1 course)

	()	[]	
--	-----	-----	--

Goal 3 – Natural Sciences (6 credits min)

(2 disciplines recommended, including one analytical lab course)

	()	[]	
	()	[]	
	()	[]	

Goal 4 – Math/Logical Reasoning (3 credits min)

	()	[]	
--	-----	-----	--

Goal 5 - History/Social Behav Sciences (9 credits min)

(2 disciplines required, 3 recommended)

	()	[]	
	()	[]	
	()	[]	
	()	[]	
	()	[]	
	()	[]	

Goal 6 – Humanities & Fine Arts (9 credits min)

(2 disciplines required, 3 recommended)

	()	[]	
	()	[]	
	()	[]	
	()	[]	
	()	[]	

Goal 7 – Human Diversity (1 course)

	CR	C-L	
	()	[]	

Goal 8 – Global Perspective (1 course)

	()	[]	
--	-----	-----	--

Goal 9 – Ethic & Civic Responsibility (1 course)

	()	[]	
--	-----	-----	--

Goal 10 – People & the Environment (1 course)

	()	[]	
--	-----	-----	--

If you fulfill the 10 goal areas in fewer than 40 semester credits, select courses from any of the goals to achieve the 40 credit total.

	()	[]	
	()	[]	

Total (40 credits minimum) _____

Fitness for Life (2 credits min)

	()	[]	
	()	[]	

General Electives (18 credits maximum)

	()	[]	
	()	[]	
	()	[]	
	()	[]	
	()	[]	

Goal 1 – Communications (9-11 credits minimum)

A. Both ENGL 1410 and 1411 (or ENGL 1421) are required:

- ENGL 1410 Composition I (4 cr)
- ENGL 1411 Composition II (4 cr)
- #ENGL 1421 Honors Composition II Public and Professional Writing (4 cr) [9]

B. One of the following courses is required:

- ENGL 1422 Practical Writing (3 cr) [2]
- SPCH 1410 Intro to Communication Studies (3 cr)
- SPCH 1421 Interpersonal Communication (3 cr)
- SPCH 1431 Fund of Public Speaking (3 cr)
- SPCH 1464 Creative Communication (3 cr)
- SPCH 1470 Blogging and Vlogging (3 cr) [2]
- SPCH 1472 Online Social Networking (3 cr)
- SPCH 2421 Intercultural Communication (3 cr) [7]
- SPCH 2431 Small Group Communication (3 cr)
- THTR 1441 Oral Interpretation of Literature (3 cr)
- THTR 1461 Acting I (3 cr)

Goal 2 – Critical Thinking (1 course)

- ENGL 1422 Practical Writing (3 cr) [1]
- ENGL 2450 World Literature (3 cr) [8]
- #MATH 1461 Honors Intro to Statistics (4 cr) [4]
- PHIL 1417 Immortality and the Afterlife (3 cr) [6]
- PHIL 1421 Critical Thinking (3 cr) [9]
- PHIL 1460 Logic (3 cr) [4]
- PHIL 2410 Introduction to Philosophy (3 cr) [6]
- PSYC 2421 General Psychology (4 cr) [5]
- #PSYC 2423 Honors General Psychology (4 cr) [5]
- READ 1401 College Reading (3 cr)
- SPCH 1450 Intro to Mass Communication (3 cr) [9]
- SPCH 1451 Argumentation and Debate (3 cr)
- SPCH 1470 Blogging and Vlogging (3 cr) [1]
- THTR 1455 Script Analysis (3 cr) [6]

Goal 3 – Natural Sciences (6 credits minimum)

*Two science courses from two of the following categories are recommended, one of which needs to be an analytical lab course. (Non-lab courses are identified with an asterisk *)*

- BIOL 1404 Human Biology (3 cr)
- BIOL 1411 Concepts of Biology (3 cr)
- BIOL 1415 Environmental Biology (3 cr) [10]
- BIOL 1431 General Biology I (5 cr)
- BIOL 1432 General Biology II (5 cr) [10]
- BIOL 2401 Nutrition* (2 cr)
- BIOL 2411 Biology of Women (3 cr)
- BIOL 2416 General Ecology* (3 cr) [10]
- BIOL 2417 General Ecology Lab (1 cr) [10]
- BIOL 2457 Microbiology (4 cr)
- BIOL 2467 Anatomy & Physiology I (4 cr)
- BIOL 2468 Anatomy & Physiology II (4 cr)
- CHEM 1405 Life Science Chemistry* (3 cr)
- CHEM 1406 Life Science Chemistry Lab (1 cr)
- CHEM 1410 Environmental Chemistry (3 cr) [10]
- CHEM 1414 Fundamentals of Chemistry (4 cr)
- CHEM 1424 Chemical Principles I (5 cr)
- CHEM 1425 Chemical Principles II (5 cr)
- CHEM 2472 Organic Chemistry I (5 cr)
- CHEM 2473 Organic Chemistry II (5 cr)
- ENGR 1411 Engineering Physics I (5 cr)
- ENGR 1412 Engineering Physics II (5 cr)
- ESCI 1400 Geology of National Parks* (3 cr) [10]
- ESCI 1405 Astronomy (4 cr)
- ESCI 1411 Physical Geology (4 cr)
- ESCI 1421 Minnesota Geology (3 cr)
- ESCI 1444 Natural Disasters* (3 cr) [10]
- ESCI 1451 Oceanography* (3 cr) [10]
- ESCI 1452 Oceanography Lab (1 cr) [10]
- ESCI 1454 Earth Science & the Environment (4 cr) [10]
- #ESCI 1455 Honors Earth Science & the Environment (4 cr) [10]
- PHYS 1401 College Physics I (4 cr)
- PHYS 1402 College Physics II (4 cr)

Goal 4 – Mathematical or Logical Reasoning (3 credits minimum)

- MATH 1441 Concepts in Mathematics (3 cr)
- MATH 1460 Introduction to Statistics (4 cr)
- #MATH 1461 Honors Intro to Statistics (4 cr) [2]
- MATH 1470 College Algebra (3 cr)
- MATH 1472 Precalculus (5 cr)
- MATH 1477 Calculus I (5 cr)
- MATH 1478 Calculus II (5 cr)
- MATH 2457 Linear Algebra (3 cr)
- MATH 2458 Multivariable Calculus (4 cr)
- MATH 2459 Differential Equations (4 cr)
- PHIL 1460 Logic (3 cr) [2]

Goal 5 – History and Social & Behavioral Sciences (9 credits minimum)

Students are required to complete courses from a minimum of two different disciplines; however, three different disciplines are recommended.

- | | |
|---|--|
| <input type="checkbox"/> AMST 1400 Intro to Women's Studies (3 cr) [7] | <input type="checkbox"/> AMST 2420 Women & Religion (3 cr) [7] |
| <input type="checkbox"/> ANTH 1457 Cultural Anthropology (3 cr) [8] | <input type="checkbox"/> ANTH 2425 Cultures of Latin America (3 cr) [8] |
| <input type="checkbox"/> ANTH 2411 Cultures of American Indians (3 cr) [7] | |
| <input type="checkbox"/> ECON 1450 The American Economy (3 cr) | <input type="checkbox"/> ECON 2402 Principles of Economics-Micro (3 cr) |
| <input type="checkbox"/> ECON 2401 Principles of Economics-Macro (3 cr) | |
| <input type="checkbox"/> ENVR 1400 Intro to Environmental Studies (3 cr) [10] | |
| <input type="checkbox"/> GEOG 1400 Physical Geography (3 cr) [10] | <input type="checkbox"/> GEOG 1459 Cultural Geography (3 cr) [8] |
| <input type="checkbox"/> GEOG 1410 Maps and Places (3 cr) | <input type="checkbox"/> #GEOG 1460 Honors Cultural Geography (3 cr) [8] |
| <input type="checkbox"/> GEOG 1421 World Regional Geography (3 cr) [8] | |
| <input type="checkbox"/> HIST 1406 Western Civilization, Pre-History to 1500 (3 cr) | <input type="checkbox"/> HIST 1473 U.S. History Since 1865 (3 cr) [7] |
| <input type="checkbox"/> HIST 1407 Western Civilization, 1500 to Present (3 cr) | <input type="checkbox"/> #HIST 1475 Honors U.S. History 1865 to Present (3 cr) [7] |
| <input type="checkbox"/> HIST 1412 World History I, From the Beginning to 1500 (3 cr) [8] | <input type="checkbox"/> HIST 2404 Minnesota History (3 cr) |
| <input type="checkbox"/> HIST 1413 World History II, 1500 to Present (3 cr) [8] | <input type="checkbox"/> HIST 2406 Ojibwe History (3 cr) [7] |
| <input type="checkbox"/> HIST 1472 U.S. History to 1865 (3 cr) [7] | <input type="checkbox"/> HIST 2411 American Indian History (3 cr) [7] |
| <input type="checkbox"/> HIST 2420 History of Women in the U.S. (3 cr) [7] | |
| <input type="checkbox"/> POLS 1430 Introduction to Political Science (3 cr) [9] | <input type="checkbox"/> POLS 2401 Federal Indian Policy (3 cr) |
| <input type="checkbox"/> POLS 1435 American Government & Politics (3 cr) [9] | <input type="checkbox"/> POLS 2402 Tribal Government (3 cr) [9] |
| <input type="checkbox"/> POLS 1439 State and Local Government (3 cr) [9] | <input type="checkbox"/> POLS 2450 International Relations (3 cr) [8] |
| <input type="checkbox"/> POLS 1440 Society and Law (3 cr) [9] | |
| <input type="checkbox"/> PSYC 1411 Personal Growth & Behavior (3 cr) | <input type="checkbox"/> PSYC 2425 Conflict, Trauma & PTSD (3 cr) [7] |
| <input type="checkbox"/> PSYC 1420 Psychology & Modern Life (3 cr) [9] | <input type="checkbox"/> PSYC 2431 Human Development (3 cr) |
| <input type="checkbox"/> PSYC 2421 General Psychology (4 cr) [2] | <input type="checkbox"/> PSYC 2441 Social Psychology (3 cr) |
| <input type="checkbox"/> #PSYC 2423 Honors General Psychology (4 cr) [2] | <input type="checkbox"/> PSYC 2470 Abnormal Psychology (3 cr) [7] |
| <input type="checkbox"/> SOCL 1401 Introduction to Sociology (3 cr) | <input type="checkbox"/> SOCL 2411 Social Problems (3 cr) [9] |
| <input type="checkbox"/> #SOCL 1403 Honors Introduction to Sociology (3 cr) [8] | <input type="checkbox"/> SOCL 2422 Culture & Environment (3 cr) [10] |
| <input type="checkbox"/> SOCL 1472 Sociology of the Family (3 cr) | <input type="checkbox"/> SOCL 2480 Sociology of Death & Dying (3 cr) |
| <input type="checkbox"/> SOCL 2405 Criminology (3 cr) | <input type="checkbox"/> SOCL 2481 Race, Ethnicity & Oppression (3 cr) [7] |
| <input type="checkbox"/> THTR 2450 Theatre History (3 cr) [8] | |

Goal 6 – Humanities and Fine Arts (9 credits minimum)

Students are required to complete courses from a minimum of two different disciplines; however, three different disciplines are recommended.

- | | |
|---|--|
| <input type="checkbox"/> AMSL 2420 Deaf Culture (3 cr) [7] | |
| <input type="checkbox"/> AMST 2402 Gender and Popular Culture (3 cr) [7] | |
| <input type="checkbox"/> ARTS 1401 Black & White Photo I (3 cr) | <input type="checkbox"/> ARTS 1488 Ceramics: Beginning Throwing (3 cr) |
| <input type="checkbox"/> ARTS 1403 Color Photo I (3 cr) | <input type="checkbox"/> ARTS 1489 Intermediate Ceramics (3 cr) |
| <input type="checkbox"/> ARTS 1420 The Art of Digital Photography (3 cr) | <input type="checkbox"/> ARTS 2401 Black & White Photo II (3 cr) |
| <input type="checkbox"/> ARTS 1458 Drawing (3 cr) | <input type="checkbox"/> ARTS 2403 Color Photo II (3 cr) |
| <input type="checkbox"/> ARTS 1459 2-D Design & Color (3 cr) | <input type="checkbox"/> ARTS 2485 American Indian Art (3 cr) [7] |
| <input type="checkbox"/> ARTS 1467 Watercolor Painting (3 cr) | <input type="checkbox"/> ARTS 2486 Art History/Ancient (3 cr) |
| <input type="checkbox"/> ARTS 1468 Painting (3 cr) | <input type="checkbox"/> ARTS 2487 Art History/Modern (3 cr) |
| <input type="checkbox"/> ARTS 1470 Art Appreciation (3 cr) | <input type="checkbox"/> ARTS 2490 Art History/Non-Western (3 cr) [8] |
| <input type="checkbox"/> ARTS 1487 Ceramics: Beg. Hand Building (3 cr) | |
| <input type="checkbox"/> ENGL 1450 Intro to Humanities (3 cr) [8] | <input type="checkbox"/> ENGL 1468 Poetry (3 cr) |
| <input type="checkbox"/> ENGL 1452 Classical Mythology (3 cr) | <input type="checkbox"/> ENGL 1469 American Short Story (3 cr) |
| <input type="checkbox"/> ENGL 1454 Film Appreciation (3 cr) | <input type="checkbox"/> ENGL 1477-78 Authors in Focus (1-3 cr ea) |
| <input type="checkbox"/> #ENGL 1460 Honors Literature: Great Books (3 cr) | <input type="checkbox"/> ENGL 2451 Women in Literature (3 cr) |
| <input type="checkbox"/> ENGL 1463 Introduction to Literature (3 cr) [7] | <input type="checkbox"/> ENGL 2455 American Indian Literature (3 cr) [7] |

- ENGL 2457 British Literature Pre-1800 (3 cr)
- ENGL 2458 British Literature 1800-Present (3 cr)
- ENGL 2467 American Literature Pre-1861 (3 cr) [7]
- ENGL 2468 American Literature 1861-Present (3 cr) [7]

-
- MUSC 1403 American Popular Music (3 cr)
 - MUSC 1450 Music in World Cultures (3 cr) [8]
 - MUSC 1452 Intro to Music Industry (3 cr) [9]
 - MUSC 1453 Audio Recording (3 cr)
 - MUSC 1455 Voice Training (2 cr)

-
- PHIL 1411 World Religions (3 cr) [9]
 - PHIL 1415 Philosophy and Popular Culture (3 cr)
 - PHIL 1417 Immortality and the Afterlife (3 cr) [2]
 - PHIL 1420 Cyber Ethics (3) [9]

-
- SPAN 2420 Many Faces of Mexico (3 cr) [8]

-
- THTR 1430 You Tube is a Stage (3 cr)
 - THTR 1432 Storytelling (3 cr)
 - THTR 1442 Improvisation (3 cr)
 - THTR 1443 Stage to Screen (3 cr)
 - THTR 1451 Introduction to Theatre (3 cr) [8]
 - THTR 1452 Stage Make-up (3 cr)
 - THTR 1453 Theatre Costuming (3 cr)
 - THTR 1455 Script Analysis (3 cr) [2]
 - THTR 1462 Acting II (3 cr)
 - THTR 1466 Acting Lab I (1 cr)
 - THTR 1467 Acting Lab II (1 cr)
 - THTR 1471 Theatre Production Lab I (1 cr)
 - THTR 1472 Theatre Production Lab II (1 cr)
 - THTR 1478 Technical Theatre (3 cr)

- ENGL 2470 Creative Nonfiction (3 cr)
- ENGL 2483 Creative Writing (3 cr)
- ENGL 2484 Advanced Creative Writing (3 cr)

-
- MUSC 1457 Music Appreciation (3 cr)
 - MUSC 1459 Fundamentals of Music (3 cr)
 - MUSC 2401 Evolution of Jazz (3 cr) [7]
 - Applied Music Courses (1 credit each)
 - Music Activity Courses (1 credit each)

-
- PHIL 2410 Intro to Philosophy (3 cr) [2]
 - PHIL 2420 Ethics (3 cr) [9]
 - #PHIL 2421 Honors Ethics (3 cr) [9]
 - PHIL 2430 Contemporary Moral Problems (3 cr) [9]

-
- THTR 1480 The Theatre Experience (2 cr)
 - THTR 1481 The Theatre Experience-NY (2 cr)
 - THTR 1482 Theatre Experience-London (2 cr) [8]
 - #THTR 1483 Honors The Theatre Experience (3 cr) [7]
 - THTR 1496 Summer Theatre Workshop (3 cr)
 - THTR 2410 Children's Theatre (3 cr)
 - THTR 2441 Directing for the Theatre (3 cr)
 - THTR 2443 Creative Drama with Children (3 cr)
 - THTR 2466 Acting Lab III (1 cr)
 - THTR 2467 Acting Lab IV (1 cr)
 - THTR 2471 Theatre Production Lab III (1 cr)
 - THTR 2472 Theatre Production Lab IV (1 cr)
 - THTR 2480 Theatre for a Diverse Population (3 cr) [7]
 - THTR 2491 Theatre Independent Study (1-3 cr)

Goals 7-10 – SOCIAL, CIVIC and MORAL THEME AREAS. Students must complete one (1) course from each goal area.

Goal 7 – Human Diversity (1 course)

-
- AMSL 2420 Deaf Culture (3 cr) [6]
 - AMST 1400 Intro to Women's Studies (3 cr) [5]
 - AMST 2402 Gender and Popular Culture (3 cr) [6]
 - AMST 2420 Women & Religion (3 cr) [5]
 - ANTH 2411 Cultures of American Indians (3 cr) [5]
 - ARTS 2485 American Indian Art (3 cr) [6]
 - ENGL 1463 Introduction to Literature (3 cr) [6]
 - ENGL 2455 American Indian Literature (3 cr) [6]
 - ENGL 2467 American Literature Pre-1861 (3 cr) [6]
 - ENGL 2468 American Literature 1861-Present (3 cr) [6]
 - HIST 1472 U.S. History to 1865 (3 cr) [5]
 - HIST 1473 U.S. History Since 1865 (3 cr) [5]

- #HIST 1475 Honors U.S. History 1865 to Present (3 cr) [5]
- HIST 2406 Ojibwe History (3 cr) [5]
- HIST 2411 American Indian History (3 cr) [5]
- HIST 2420 History of Women in the U.S. (3 cr) [5]
- MUSC 2401 Evolution of Jazz (3 cr) [6]
- PSYC 2425 Conflict, Trauma and PTSD (3 cr) [5]
- PSYC 2470 Abnormal Psychology (3 cr) [5]
- SOCL 2481 Race, Ethnicity & Oppression (3 cr) [5]
- SPCH 2421 Intercultural Communication (3 cr) [1]
- #THTR 1483 Honors The Theatre Experience (3 cr) [6]
- THTR 2480 Theatre for a Diverse Population (3 cr) [6]

Goal 8 – Global Perspective (1 course)

-
- AMSL 1410 American Sign Language I (4 cr)
 - AMSL 1412 American Sign Language II (4 cr)
 - AMSL 2410 American Sign Language III (4 cr)
 - AMSL 2412 American Sign Language IV (4 cr)

- AMSL 2414 Conversational ASL (1 cr)
- ANTH 1457 Cultural Anthropology (3 cr) [5]
- ANTH 2425 Cultures of Latin America (3 cr) [5]
- ARTS 2490 Art History/Non-Western (3 cr) [6]

- ENGL 1450 Intro to Humanities (3 cr) [6]
- ENGL 2450 World Literature (3 cr) [2]
- GEOG 1421 World Regional Geography (3 cr) [5]
- GEOG 1459 Cultural Geography (3 cr) [5]
- #GEOG 1460 Honors Cultural Geography (3 cr) [5]
- GERM 1401 Beginning German I (4 cr)
- GERM 1402 Beginning German II (4 cr)
- GERM 2401 Intermediate German I (4 cr)
- GERM 2402 Intermediate German II (4 cr)
- HIST 1412 World History I, From the Beginning to 1500 (3 cr) [5]
- HIST 1413 World History II, 1500 to Present (3 cr) [5]
- MUSC 1450 Music in World Cultures (3 cr) [6]
- OJIB 1401 Beginning Ojibwe I (4 cr)
- OJIB 1402 Beginning Ojibwe II (4 cr)
- OJIB 2401 Intermediate Ojibwe I (4 cr)
- OJIB 2402 Intermediate Ojibwe (3 cr)
- POLS 2450 International Relations (3 cr) [5]
- #SOCL 1403 Honors Introduction to Sociology (3 cr) [5]
- SPAN 1401 Beginning Spanish I (4 cr)
- SPAN 1402 Beginning Spanish II (4 cr)
- SPAN 2401 Intermediate Spanish I (4 cr)
- SPAN 2402 Intermediate Spanish II (2 cr)
- SPAN 2403 Reading Writing, Speaking (2 cr)
- SPAN 2420 Many Faces of Mexico (3 cr) [6]
- THTR 1451 Introduction to Theatre (3 cr) [6]
- THTR 1482 Theatre Experience-London (2 cr) [6]
- THTR 2450 Theatre History (3 cr) [5]

Goal 9 – Ethic & Civic Responsibility (1 course)

- #ENGL 1421 Honors Composition II Public and Professional Writing (4 cr) [1]
- MUSC 1452 Intro to Music Industry (3 cr) [6]
- PHIL 1411 World Religions (3 cr) [6]
- PHIL 1420 Cyber Ethics, If Aristotle Had a Laptop (3 cr) [6]
- PHIL 1421 Critical Thinking (3 cr) [2]
- PHIL 2420 Ethics (3 cr) [6]
- #PHIL 2421 Honors Ethics (3 cr) [6]
- PHIL 2430 Contemporary Moral Problems (3 cr) [6]
- POLS 1430 Introduction to Political Science (3 cr) [5]
- POLS 1435 American Government & Politics (3 cr) [5]
- POLS 1439 State and Local Government (3 cr) [5]
- POLS 1440 Society and Law (3 cr) [5]
- POLS 2402 Tribal Government (3 cr) [5]
- PSYC 1420 Psychology & Modern Life (3 cr) [5]
- SOCL 2411 Social Problems (3 cr) [5]
- SPCH 1450 Intro to Mass Communication (3 cr) [2]

Goal 10 – People & the Environment (1 course)

- BIOL 1415 Environmental Biology (3 cr) [3]
- BIOL 1432 General Biology II (5 cr) [3]
- BIOL 2416 General Ecology (3 cr) [3]
- BIOL 2417 General Ecology Lab (1 cr) [3]
- CHEM 1410 Environmental Chemistry (3 cr) [3]
- ENVR 1400 Intro to Environmental Studies (3 cr) [5]
- ESCI 1400 Geology of National Parks (3 cr) [3]
- ESCI 1444 Natural Disasters (3 cr) [3]
- ESCI 1451 Oceanography (3 cr) [3]
- ESCI 1452 Oceanography Lab (1 cr) [3]
- ESCI 1454 Earth Science & the Environment (4 cr) [3]
- #ESCI 1455 Honors Earth Science & the Environment (4 cr) [3]
- GEOG 1400 Physical Geography (3 cr) [5]
- SOCL 2422 Cultural & Environment (3 cr) [5]

Fitness for Life (2 credits)

Students may select from the following health, physical education and underwater diving courses. Two (2) credits for varsity sport participation may be used.

- HLTH 1501 Personal Health and Wellness (3 cr)
- HLTH 1507 Drug Awareness (3 cr)
- HLTH 1510 Intro to Massage (3 cr)
- HLTH 1531 Women’s Health (3 cr)
- HLTH 1541 Human Sexuality (3 cr)
- PHED 1502 Circuit Training (2 cr)
- PHED 1503 Advanced Circuit Training (1 cr)
- PHED 1505 Fitness Walking (2 cr)
- PHED 1506 Aerobic Exercise (2 cr)
- PHED 1507 Basic Horsemanship (2 cr)
- PHED 1508 Bicycling (2 cr)
- PHED 1510 Beginning Skiing/Snowboarding (2 cr)
- PHED 1511 Advanced Skiing/Snowboarding (2 cr)
- PHED 1512 Beginning Yoga (2 cr)
- PHED 1513 Aerobic Conditioning (2 cr)
- PHED 1514 Cardio Sampler (2 cr)
- PHED 1520 Advanced Yoga (2 cr)
- PHED 1521 Body Conditioning (2 cr)
- PHED 1522 Weight Training (2 cr)
- PHED 1523 Strength Training for Women (2 cr)
- PHED 1524 Recreational Sampler (2 cr)
- PHED 1525 Personal Protection Awareness (2 cr)
- PHED 1530 Beginning Swimming (1 cr)
- PHED 1531 Intermediate & Advanced Swimming (1 cr)
- PHED 1534 Beginning Golf (2 cr)
- PHED 1536 Advanced Golf (2 cr)
- PHED 1541 Bowling (2 cr)
- PHED 1544 Basketball – Coed (1 cr)

PHED 1553 Power Volleyball (2 cr)

PHED 1594 Fitness for Life (2 cr)

PHED 2501-2517 Varsity Sports (1 cr)

UWDV 1301 PADI Basic Open Water Diving (4 cr)

General Electives (18 credits maximum)

Students must complete up to 18 credits of courses at the 1000 level or higher to earn 60 credits required for an Associate in Arts Degree. These credits may be taken at Central Lakes College, transferred from any regionally accredited institution of higher learning, or accepted based upon any approved advanced standing agreement with Central Lakes College.

#Students must be accepted into the Honors Program in order to take these courses.